



NFP Teacher Training Program Self-Study

NFP Program, Secretariat of Laity, Marriage, Family Life and Youth, United States Conference of Catholic Bishops; 3211 4th St., NE, Washington, DC 20017; 202-541-3240; nfp@usccb.org.

Program: _____ Date: _____

Each section below corresponds to Section IV of the *Standards for Diocesan NFP Ministry (Standards)*. The individual standards in Section IV are provided in the green boxes for easy reference. Please read each standard and follow its directions on how to document compliance. Note that some directions will request a second form and other attachments to this form.

IMPORTANT: When documenting compliance, indicate the section or page number(s) of the teacher training curriculum. If a manual, multiple books, web documents, websites, or other resources are used, please indicate the resource by identifying its title and providing the page number, section, and/or URL. Please provide all necessary detail so that the Board of Review members will be able to smoothly move through the content.

COMPLETED FORM: The completed form and all documentation must be sent to:

- The Assistant Director, NFP Program, 3211 4th St., N.E., Washington DC 20017, and
- Each member of your Board of Review (contact NFP Program for names and addresses).

The completed package can be submitted electronically or in hard copy to all members of the Board of Review and the NFP Program. If the package is submitted electronically, please also send one hard copy with all documentation to the assistant director of the NFP Program.

Questions? Please contact the assistant director at 202-541-3240; nfp@usccb.org.

IV. Standards for NFP Teacher Training Programs

Philosophy and Church Teaching

A. Instruction in Catholic teachings on human sexuality (including male and female complementarity), the virtue of chastity, the proper formation of conscience, the nature of marriage, conjugal love and responsible parenthood, the value of children, and the importance of the family especially as the foundation of society and the domestic church as articulated in authoritative Church documents.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B. 1 Development and history of the natural methods of family planning

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B. 1 Respect for all authentic NFP methods

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B. 2 Scientific effectiveness of NFP methods for both achieving and avoiding pregnancy.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B. 3 Male/female reproductive anatomy.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B. 4 Basic information on the prenatal development of the human person.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B.5 Fertility signs, including the role of basal body temperature, cervical mucus, cervical changes, and other symptoms of the female fertility cycle

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B.6 Observing, charting and interpreting the sign(s) of fertility appropriate to the specific NFP methodology

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B.7 Instruction on the phases of the reproductive life cycle and special circumstances.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address if web based.

Natural Family Planning

B.8 Guidelines for achieving and avoiding pregnancy in special circumstances and in all phases of the reproductive life cycle, including the teaching of abstinence from genital contact and sexual intercourse during the fertile phase of the cycle as the means of avoiding pregnancy.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

B.9 Procedures for follow-up to help the couple/client achieve autonomy.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Natural Family Planning

Education about contraception, (especially its harmful side effects), sterilization, abortion, and reproductive technologies

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Marriage and Family Life Education

D.1 The couple/client's need for communication, growth in their marital relationship, and the integration of periodic abstinence into their lives.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Marriage and Family Life Education

D.2 Information on the current trends in marriage, family life and fertility in American society.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Teaching and Communication Skills

- E.1 An understanding of the proper role and limitations of the NFP teacher, the need for ongoing self-evaluation, continuing education, and access to reliable NFP resources.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Teaching and Communication Skills

- E.2 Basic communication and problem-solving skills, as well as the ability to recognize when to make appropriate referrals and the process for doing so.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Teaching and Communication Skills

- E.3 Compassion, tact, discretion, confidentiality, and patience in teaching and follow-up

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Teaching and Communication Skills

E.4 The principles of the teaching/learning process, and the characteristics of the adult learner.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Teaching and Communication Skills

E.5 The ability to implement a variety of educational and class planning strategies.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Program Management

F.1 An understanding of the importance of cooperation with diocesan NFP programs and the United States Conference of Catholic Bishops' NFP Program.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Program Management

F.2 A couple/client education program that meets the standards under Section III [of the Standards for Diocesan NFP Ministry].

To document this standard, please complete Couple/Client Education Assessment at usccb.org/resources/Step%203%20Client%20Curriculum_0.pdf.

Program Management

F.3 Rationales and instruction for record keeping, confidentiality, and program management.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Program Management

F.4 Information on strategies for recruiting clients, community outreach, and public relations.

In the space below, document where the standard above is met in your curriculum. Please include the resource title, section(s), pages and/or URL address.

Faculty who are ...

G.1 Competent in their area of expertise.

G.2 Experienced certified NFP trainers with the current knowledge and respect for all NFP method

To document this section:

Attach faculty resumes and/or a description of the individual faculty person's expertise.

Using the space below or attaching a document, describe how each faculty convey respect for all NFP methods (provide examples where appropriate).

Teaching Environments

- H. Teaching environments that are professional, facilitate learning, safe and/or secure that convey respect for the teacher-candidate, and include
1. For on-site instruction, comfortable and clean environments with appropriate digital and hard-copy resources.
 2. Professional virtual platforms that are easy to use, secure, and provide timely feedback to and support of the teacher trainee.

To document this section, describe below or attach a description of the on-site instruction facilities (include photos if appropriate). For virtual platforms, describe the format (e.g., “live,” recorded-“self—paced,” timing of teacher feedback, etc.). Include a URL if this description is posted on a teacher training website.

Teacher Evaluation that includes ...

- I.1 Objective tests and other appropriate means that evaluate the teacher candidate’s knowledge of the content cited above [in standards A-F]

To document this section, please answer the following questions:

Are objective tests and/or other appropriate means used to evaluate the trainee’s knowledge of NFP and ability to apply it to specific client situations? (Check one)

____ YES ____ NO

If “Yes,” describe below the evaluation process of the teacher’s knowledge; or if policy permits, attach the evaluation tool.

Teacher Evaluation includes ...

- I.2 A supervised practicum (either on-site or virtual) for a minimum of six months consisting of
- a) An assigned supervisor to the teacher candidate
 - b) The teacher candidate teaching at least six couples/clients in various reproductive circumstances, with follow-up until the clients reach autonomy and/or demonstrate adequate method understanding
 - c) Ongoing guidance, assessment, evaluation, and documentation of the teacher candidate's progress by the supervisor

Please answer the questions below to document compliance with the above standard.

Is a supervised practicum provided? (Check one) ____ YES ____ NO

If "Yes," does the supervised practicum consist of ...

- a) An assigned supervisor to the teacher candidate? (Check one) ____ YES ____ NO
- b) The teacher candidate teaching at least six couples/clients, with follow-up until the client reaches autonomy? (Check one) ____ YES ____ NO
- c) Ongoing guidance, assessment, evaluation, and documentation of the teacher's progress by the supervisor? ____ YES ____ NO

Teacher Training Program Evaluation that provides ...

- J.1 Periodic evaluation of the curriculum by the faculty

To document this section, using the space below, describe the evaluation process of the curriculum by the faculty, or if policy permits, attach the evaluation tool.

Teacher Training Program Evaluation that provides ...

J.2 Evaluation of the teacher/learning process by the teacher candidates.

To document this section, describe the evaluation process of the training program by the teacher candidates, or if policy permits, attached the evaluation tool.

This form was completed by:

(Print name and title of staff/faculty)

(Print name and title of staff/faculty)

(Print name and title of staff/faculty)

(Print name and title of staff/faculty)